

Kritika Manandhar

Visual artist, Ceramist

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Artist Bio

Kritika Manandhar is an emerging visual artist working primarily in drawing and painting, while also engaging in other forms of expressions. Her practice centers on human experiences and behaviors, with a particular focus on female experiences and relationships. These themes are further explored through the interrelation of human presence and materiality, where memory and lived experience play crucial roles as prompts. Through these approaches, she intends to bring spaces for reflection.

Education

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| 2026 | Bachelor of Fine Arts (BFA), Kathmandu University School of Art, Hattiban, Lalitpur, Nepal |
| 2021 | +2, Sirjana College of Fine Arts, Lazimpat, Kathmandu, Nepal |
| 2019 | SEE, Kaasthamandap Vidhyalaya, Mandikatar, Kathmandu, Nepal |

Exhibitions

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| 2026 | <i>Young Artist's Show 2026</i> , Group Exhibition, Gallery Mcube, Lalitpur, Nepal |
| 2026 | <i>6th South Asian Conference on Public Policy and Governance, Resilience and Renewal</i> , Extended Display and Collaborative Project, Nepal Administrative Staff College, Lalitpur, Nepal |
| 2026 | <i>Art Kathmandu 2026</i> , Group Exhibition, Kathmandu Marriot Hotel, Kathmandu, Nepal |
| 2026 | <i>Awadharana, BFA Exhibition Show 2026</i> , Group Exhibition, Nepal Art Council, Kathmandu, Nepal |
| 2025 | <i>Yatra Tattoo Exhibition and Art Workshop</i> , Group Exhibition, Nepal Academy of Fine Arts, Kathmandu, Nepal |
| 2025 | <i>Roots and Reflection</i> , Group Exhibition, Nepal Art Council, Kathmandu, Nepal |
| 2024 | <i>Foramina</i> , Group Exhibition, Kathmandu University School of Arts, Department of Art and Design, Hattiban, Lalitpur, Nepal |

2024	<i>Circles and Squares</i> , Group Exhibition, Kathmandu University School of Art, Department of Art and Design, Hattiban, Lalitpur, Nepal
2025	<i>Diversity Day</i> , Group Exhibition, Kathmandu University School of Management, Lalitpur, Nepal
2023	<i>Art and Design</i> , Group Exhibition, Nepal Academy of Tourism and Management, Kathmandu, Nepal
2023	<i>Resonance of Ages</i> , Group Exhibition, Patan Museum, Lalitpur, Nepal
2023	<i>Harmony and Hues</i> , Group Exhibition, National Academy of Fine Arts, Kathmandu, Nepal
2016	<i>5th Children's Exhibition</i> , Santu Art Gallery, Kathmandu, Nepal

Collaborative Projects

2026	<i>6th South Asian Conference on Public Policy and Governance, Resilience and Renewal</i> , Extended Display and Collaborative Project, Nepal Administrative Staff College, Lalitpur, Nepal
2023	<i>Terracotta Mural project</i> , Batch 2022, Kathmandu University, Dhulikhel, Kavre, Nepal

Skills

- Sculpting
- Basic Ceramic
- Traditional Art practice (Paubha)
- Printmaking (monotype, woodcut, linocut, dry point)
- Drawing mediums (Pencil, Charcoal, Soft pastels, Oil pastels, Color pencil, Pen and ink)
- Painting mediums (Gouache, Watercolor, oil)

Publication

2021	"Adventure of Ryan, the Rabbit: How to Defeat a Lion", book illustration, Amazon.com
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Collections

2026	Private Collection, USA
2023	Patan Museum, Lalitpur, Nepal

Workshop/ Participations

2025	<i>Yatra Tattoo Exhibition and Art Workshop</i> , Group Exhibition, Nepal Academy of Fine Arts, Kathmandu, Nepal
2022	Marbling Workshop, Gallery Mcube, Lalitpur, Nepal
2018	Painting Competition, Sirjana College of Fine Arts, Kathmandu, Nepal
2015	Painting Workshop on Sport for Development and Peace, Lalitpur, Nepal

Awards

2023	(Token of Love as Judge) Painting Competition (Nepal-Pakistan Relations), Bhaktapur, Nepal
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Workshops Conducted

2024	Image development Workshop, Shree Prithvi Narayan Secondary School, Dhampus, Nepal
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Working Experience

2026	Silent Bone, Student Performer/Collaborator Silent Bone, an interdisciplinary multi-site performance and visual art project by US-based artist Binod Shrestha (www.binodshrestha.net). Participated in rehearsals and public performances focused on memory, loss, displacement, movement, and residue of violence. Worked with others on somatic movement, used props, and performed on-site (Patan Museum, Chobhar, Ason) and in Mandala Theatre (from May 30 to June 23, 2026). Helped build teamwork, understand space, and turn visual ideas into live performance.
2026	Silent Bone, Studio Assistant An interdisciplinary multi-site performance and visual art project by US-based artist Binod Shrestha (www.binodshrestha.net). Supported and helped with the fabrication and installation of performance props/objects. Provided support for the installation of exhibitions at the Dalai La Art Space, Siddhartha Art Gallery, Nepal Academy of Fine Arts, and Taragaon Next.

References

Sagar Manandhar

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